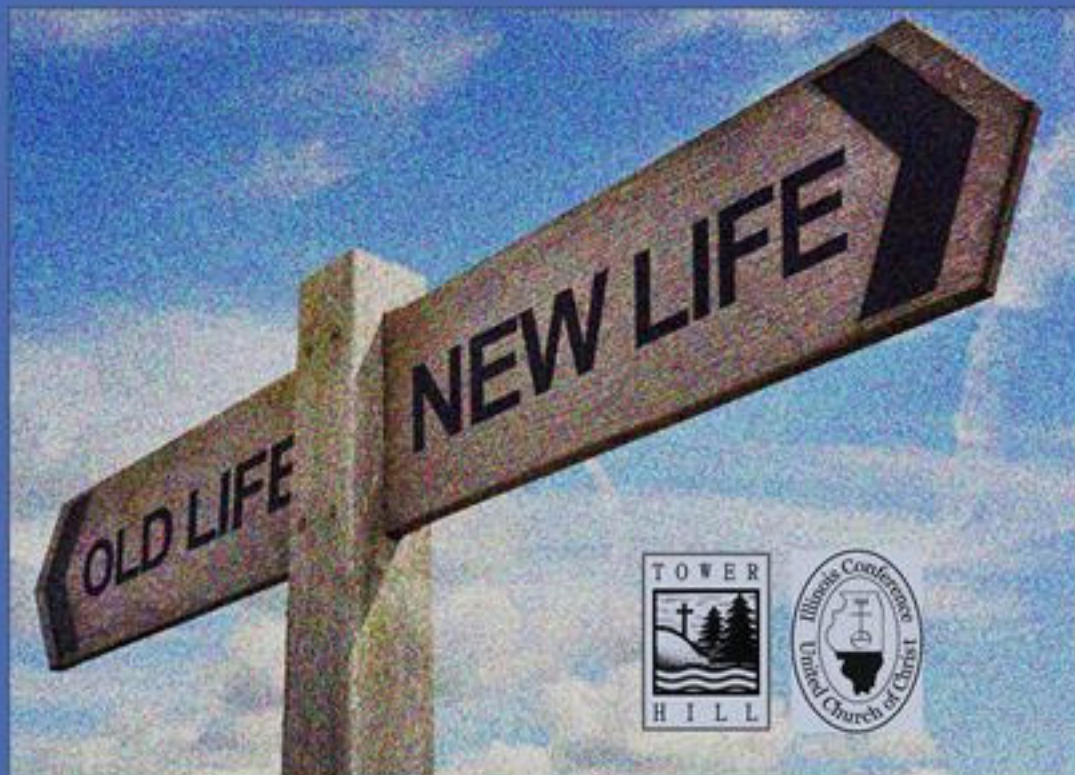


Fall Adult Retreat October 24th to 26th
Pre-retirement and Retirement: a Spiritual Path

There are many ways to think about our pre-retirement and retirement years. This retreat will help participants consider these stages of life from a spiritual perspective as we reflect on thoughts from Anne Lamott's recent book *Dusk, Night, Dawn*, and engage in various contemplative practices.

Our time together will include contemplation, community activities, rest, silence, adventures in nature, and fun! You can benefit from this retreat whether you are years away from retirement or many years into retirement.



Illinois Conference, UCC Outdoor Ministries
Fall Adult Retreat
Pre-retirement and Retirement: A Spiritual Path
Tower Hill Camp and Retreat Center
Sunday, October 24th through Tuesday, October 26
Leader: Rev. Jeffrey Phillips

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The theme of retreat is "a spiritual path", what and why? We will cover various stages of life in world religions, cultures, and literature with small group conversations on your individual stage of life.

Our retreat leader Rev. Jeffrey Phillips is a UCC pastor and certified interfaith / interspiritual spiritual companion. Participants will each have the option to spend thirty minutes with Jeffrey in a spiritual companionship session.

This introspective retreat starts at our Tower Hill Retreat Center in Sawyer Michigan on Sunday October 24th and ends after lunch on Tuesday October 26th. All meals are covered with exception of Monday evening dinner where guests are encouraged to either prepare their own meal or visit one of the many local restaurants,

Cost for this retreat: \$300 for single occupancy, \$200 per guest for double occupancy. Tower Hill is planning to house guests in their 5 separate cottages. For additional information call Tower Hill direct at 269-426-3881.

Space is limited. To register online: <https://outdoorministries.campbrainregistration.com/>
 Thanks so much!